

Paul R. LePage, Governor

Mary C. Mayhew, Commissioner

Maine Alcohol & Other Drug Abuse Treatment Services

January 2013

Maine Alcohol & Other Drug Abuse Treatment Services

This directory provides a list of alcohol and other drug abuse treatment services available in the State of Maine. Detailed information on these agencies and their services, as well as the most recent changes and updates to the information provided here, is available from the online directory at http://www.maineosa.org/help/directory.htm.

If you do not have access to the web, the Information and Resource Center can print the information you need.

A separate directory of self-help and support group meetings is also available.

Treatment Agencies: Please notify the Office of Substance Abuse and Mental Health Services of any changes to your listing. An **online change form** is available at www.maineosa.org/directory. Helping us provide accurate and timely information will promote continued quality service for people throughout the State of Maine.

Information and Resource Center Substance Abuse & Mental Health Services

Department of Health and Human Services
11 State House Station
41 Anthony Avenue
Augusta, Maine 04333-0011

Telephone: 1-800-499-0027 or 207-287-8900 TTY: Maine Relay 711

> FAX: 207-287-8910 Web: www.maineosa.org E-mail: osa.ircosa@maine.gov

24-Hour State-wide Crisis Hotline: 1-888-568-1112

Department of Health and Human Services

Maine Alcohol and Other Drug Abuse Services Directory

Find Treatment Agencies, Prevention Programs and more on the SAMHS web site!

This online searchable directory is the most <u>up-to-date</u> listing of substance abuse treatment agencies and programs.

www.maineosa.org/help/directory.htm

Click on "Online Searchable Directory" then choose either:

Provider Name Search

Look up a single agency by entering its name.

(If only a portion of the name is known, enter what is known.)

Program or Service Search

Search by type of program (Select: DEEP, Prevention, Co-Occurring Disorder, or Treatment.)

Enter desired criteria

Note: To see a list of all agencies, do not select any criteria. Simply click on "Go"

Questions? Contact:

Office of Substance Abuse & Mental Health Svs.
Information & Resource Center
41 Anthony Avenue: 11 SHS
Augusta, ME 04333-0011

Phone: 1-800-499-0027 or 207-287-8900

TTY: Maine Relay: 711

E-Mail: osa.ircosa@maine.gov

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Contact the Information and Resource Center with updates to or suggestions for improvements to this directory.
Telephone: 1-800-499-0027
TTY: Maine Relay 711

E-Mail: osa.ircosa@maine.gov

Emergency Numbers / 24 Hour Hotlines

Statewide Crisis Hotline 1-888-568-1112

Department of Health & Human Services

Children's Emergency Services 1-800-452-1999 626-8620 TTY: 1-800-963-9490

2-1-1 Maine Inc. 1-877-463-6207 211 TTY: 211

AA Hotline for Anywhere in the State: 1-800-737-6237 774-4335

Alanon Hotline for Anywhere in the State: 1-800-498-1844 284-1844

NA Hotline for Anywhere in the State: 1-800-974-0062

Sexual Assault Support Hotline 1-800-871-7741 TTY: 1-888-458-5599

For Additional Help Numbers - Refer to the front of your local telephone directory.

Maine State Services

(Agencies may be reached 8am to 5pm, Monday through Friday)

Substance Abuse & Mental Health Services 287-2595 TTY: Maine Relay 711

Department of Health & Human Services FAX: 287-4334

11 State House Station
41 Anthony Avenue

Augusta, ME 04333-0011

Web: www.maineosa.org

Substance Abuse & Mental Health Services 626-8600 TTY: Maine Relay 711

Driver Education and Evaluation Program (DEEP) FAX: 287-3903

Email: deep.osa@maine.gov

Substance Abuse & Mental Health Services 1-800-499-0027 287-8900 TTY: Maine Relay 711

Information and Resource Center FAX: 287-8910

Email: osa.ircosa@maine.gov

Department of Health & Human Services

Augusta 1-800-452-1926 624-8000 TTY: Maine Relay 711 Bangor 1-800-432-7825 561-4100 TTY: Maine Relay 711 Biddeford 1-800-322-1919 286-2400 TTY: Maine Relay 711 Calais TTY: Maine Relay 711 1-800-622-1400 454-9000 TTY: Maine Relay 711 Caribou 1-800-432-7366 493-4000 667-1600 TTY: Maine Relay 711 Ellsworth 1-800-432-7823 TTY: Maine Relay 711 Farmington 1-800-442-6382 778-8400 Fort Kent 1-800-432-7340 834-7700 TTY: Maine Relay 711 Houlton 1-800-432-7338 532-5000 TTY: Maine Relay 711 Lewiston 1-800-482-7517 795-4300 TTY: Maine Relay 711 Machias 1-800-432-7846 255-2000 TTY: Maine Relay 711 TTY: Maine Relay 711 Portland 1-800-482-7520 822-2000 TTY: Maine Relay 711 Rockland 1-800-432-7802 596-4200 Sanford 1-800-482-0790 490-5400 TTY: Maine Relay 711 TTY: Maine Relay 711 Skowhegan 1-800-452-4602 474-4800 South Paris 1-888-593-9775 744-1200 TTY: Maine Relay 711

Other Substance Abuse Resources

Maine Association of Alcoholism and **Drug Abuse Counselors (MAADAC)**

Ruth Kisseloff Johnson, President PO Box 106 Searsport, ME 04974

Tel: 341-1676

E-mail: maadac2001@yahoo.com

Maine Association of Substance Abuse Programs (MASAP)

Ruth Blauer, Executive Director 295 Water St., Suite 200 Augusta, ME 04330

Tel: 621-8118

E-mail: rblauer@masap.org Web: www.masap.org

Maine Board of Licensed Alcohol and Drug Counselors

Geraldine Betts. Administrator #35 State House Station Augusta ME 04333 Tel: 624-8689

Web: www.maine.gov/pfr/professionallicensing

Maine Alliance for Prevention of **Substance Abuse (MAPSA)**

Susan Kring, Coordinator 295 Water St., Suite 200 Augusta, ME 04330 Tel: 621-8118

Email: skring@masap.org Web: www.masap.org

Maine Alliance for Addiction Recovery (MAAR)

Darren Ripley 295 Water St., Suite 200 Augusta, ME 04330 Tel. 621-8118

Web: www.masap.org

Maine Medical Professional Health Program

Kathy Stratton, Coordinator Dr. Lani Graham MD 20 Pelton Hill Road Manchester, ME 04351 Tel. 623-9266 x3

Fax: 430-8386

Email: mphp@mainemed.com Web: www.mainemed.com

The Women's Project **The Opportunity Alliance**

50 Lydia Lane South Portland, ME 04106 Tel. 1-800-611-1588 TTY:874-1013

The Women's Project The Opportunity Alliance

103 Texas Avenue Bangor, ME 04401 1-800-611-1779

Agency Name	City	Who Served	Other Info.	Telephone
ANDROSCOGGIN				
Spurwink Services	Auburn	Youth	Sliding fee	207- 871- 1200
St. Francis Recovery Center	Auburn	Men	Sliding fee	207- 784- 2901
Blue Willow Counseling Center	Lewiston	Men, Women, Youth	Sliding fee	207-777-3399
Central Maine Counseling Services Inc	Lewiston	Men, Women		207-782-3386
Community Clinical Services	Lewiston	Men, Women, Youth		207- 782- 9551
Facing Change PA	Lewiston	Men, Women, Youth		207- 784- 0922
Food Addiction/Chemical Dependency Consultants, LLC	Lewiston	Men, Women, Youth	Sliding fee	207- 754- 4050
Spurwink Services	Lewiston	Youth		207- 871- 1200
St. Mary's Addiction Medicine	Lewiston	Men, Women, Youth	Sliding fee	207- 777- 8700
Sweetser - Affiliate	Lewiston	Men, Women, Youth	Sliding fee	207-753-0783
Tri County Mental Health Services	Lewiston	Men, Women, Youth	Sliding fee	207- 783- 9141
Evergreen Behavioral Health Svs. AROOSTOOK	Livermore Falls	Men, Women, Youth	Sliding fee	207- 778- 0035
Aroostook Mental Health Center	Caribou	Men, Women, Youth	Sliding fee	207- 498- 2356
Aroostook Mental Health Center	Caribou	Men, Women, Youth	Sliding fee	207- 493- 3361
Life By Design, PA	Caribou	Men, Women, Youth		207- 492- 1653
Sweetser – Affiliate	Caribou	Men, Women		207- 493- 1700
Aroostook Mental Health Center	Eagle Lake	Men, Women, Youth	Sliding fee	207- 444- 5384
Aroostook Mental Health Center	Fort Kent	Men, Women, Youth	Sliding fee	207- 834- 3186
Aroostook Mental Health Center	Houlton	Men, Women, Youth	Sliding fee	207- 532- 6523
Life By Design, PA	Houlton	Men, Women, Youth		207- 532- 9660

Agency Name	City	Who Served	Other Info.	Telephone
AROOSTOOK				
Aroostook Mental Health Center	Limestone	Men, Women	Sliding fee	207- 325- 4727
Aroostook Mental Health Center	Madawaska	Men, Women, Youth	Sliding fee	207- 728- 6341
Aroostook Mental Health Center	Presque Isle	Men, Women, Youth	Sliding fee	207- 764- 3319
Life By Design, PA	Presque Isle	Men, Women, Youth		207- 764- 6825
Northern Maine General Hospital	Winterville Plt.	Youth		207- 444- 5152 -241
CUMBERLAND				
Tri County Mental Health Services	Bridgton	Men, Women, Youth	Sliding fee	207- 647- 5629
Spurwink Services	Brunswick	Youth		207- 871- 1200
Sweetser - Affiliate	Brunswick	Men, Women		207- 729- 8104
Sweetser - Affiliate	Brunswick	Men, Women, Youth	Sliding fee	800- 434- 3000
Spurwink Services	Casco	Youth		207-871-1200
Sweetser - Affiliate	Harpswell	Men, Women		207- 833- 5986
Catholic Charities Maine Counseling Services	Portland	Men, Women	Sliding fee	207- 775- 5671
City of Portland	Portland	Men, Women, Youth	Sliding fee	207- 874- 8445
Community Counseling Center	Portland	Men, Women	Sliding fee	207- 874- 1030
Cornerstone BHC - Affiliate	Portland	Men, Women, Youth	Sliding fee	207-776-9990
Crossroads	Portland	Women	Sliding fee	207- 894-5733
Maine Medical Center Outpatient Psychiatry	Portland	Men, Women, Youth		866- 761- 6644 207- 761- 6644
Northeast Occupational Exchange (NOE)	Portland	Men, Women, Youth	Sliding fee	800- 857- 0500
Portland VA Maine Healthcare System	Portland	Men, Women		207-771-3500

Agency Name	City	Who Served	Other Info.	Telephone
CUMBERLAND				
Randall Place	Portland	Men, Women, Youth	Sliding fee	207- 874- 1175
Serenity House, Inc.	Portland	Men	Sliding fee	207- 774- 2722
Spring Harbor Community Services/ACCESS	Portland	Men, Women		207- 780- 0020
Spurwink Services	Portland	Youth		207- 871- 1200
Sweetser - Affiliate	Portland	Men, Women		207- 653-3999
Sweetser - Affiliate	Portland	Men, Women, Youth		207- 899- 4363
Sweetser - Affiliate	Portland	Men, Women	Sliding fee	207- 712- 5469
Sweetser - Affiliate	Portland	Men, Women	Sliding fee	207- 773- 3300
Sweetser - Affiliate	Portland	Men, Women		888- 318- 6171
Sweetser - Affiliate	Portland	Men, Women		207- 828- 0759 -4
The Bridge	Portland	Men, Women, Youth	Sliding fee	207- 874- 1175
Youth Alternatives Inc	Portland	Men, Women, Youth	Sliding fee	207- 874- 1175
Crossroads	Scarborough	Women	Sliding fee	207- 773- 9931
Sweetser - Affiliate	Scarborough	Men, Women		207- 699- 8289
Day One	South Portland	Youth	Sliding fee	207- 874- 1045
Day One	South Portland	Youth	Sliding fee	207- 822- 2651
Food Addiction Chemical <u>Dependency Consultants</u> , LLC	South Portland	Men, Women, Youth	Sliding fee	207- 774- 4564
Spurwink Services	South Portland	Youth		207- 871- 1200
CAP Quality Care, Inc.	Westbrook	Men, Women		207- 856- 7227
Counseling Services, Inc.	Westbrook	Men, Women, Youth	Sliding fee	207- 282- 1500
Spring Harbor Hospital	Westbrook	Men, Women, Youth		888- 524- 0080

Agency Name	City	Who Served	Other Info.	Telephone
CUMBERLAND				
Children and Mothers Program (CAMP)	Windham	Women	Sliding fee	207-773-9931
Crossroads	Windham	Women	Sliding fee	207-773-9931
Food Addiction Chemical Dependency Consultants, LLC	Windham	Men, Women, Youth	Sliding fee	207- 893- 0213
Spectrum Health Services, Inc.	Windham	Men		207- 892- 6605
Tri County Mental Health Services	Windham	Women	Sliding fee	207- 893-7000
Cornerstone BHC - Affiliate FRANKLIN	Yarmouth	Men, Women, Youth	Sliding fee	207- 251- 1482
Evergreen Behavioral Health Services	Farmington	Men, Women, Youth	Sliding fee	207-778-0035
Sweetser - Affiliate	Farmington	Men, Women, Youth	Sliding fee	207- 860- 2647
Tri County Mental Health Services HANCOCK	Farmington	Men, Women, Youth	Sliding fee	207- 778- 3556
MDI Hospital Behavioral Health Center	Bar Harbor	Men, Women		207- 288- 8604
Aroostook Mental Health Center	Ellsworth	Men, Women, Youth	Sliding fee	207- 667- 6890
Dirigo Counseling Clinic	Ellsworth	Men, Women, Youth	Sliding fee	207- 973- 0505
Open Door Recovery Center	Ellsworth	Men, Women, Youth	Sliding fee	207- 667- 3210
Acadia Family Center 244- 4012	Southwest Harb	oor Men, Women,	Youth Sliding fee	207-

Agency Name	City	Who Served	Other Info.	Telephone
KENNEBEC				
Crisis and Counseling Centers Inc	Augusta	Men, Women, Youth	Sliding fee	207- 626- 3448
Kennebec Behavioral Health	Augusta	Men, Women, Youth	Sliding fee	207- 626- 3455
Lori Green-Stade, LCPC, LADC	Augusta	Men, Women, Youth	Sliding fee	207- 629- 9226
MaineGeneral Counseling	Augusta	Men, Women, Youth	Sliding fee	877-777-9393
Phoenix House of New England	Augusta	Youth	Sliding fee	207- 622- 7106
Spurwink Services	Chelsea	Youth		207- 871- 1200
Spectrum Health Systems, Inc.	Hallowell	Men		508- 792- 5400 -143
MaineGeneral Residential Program - Men	Sidney	Men	Sliding fee	207- 547- 3065
Cornerstone Behavioral Healthcare	Waterville	Men, Women, Youth	Sliding fee	207- 680- 2065
Kennebec Behavioral Health	Waterville	Men, Women, Youth	Sliding fee	207- 873- 2136
MaineGeneral Counseling	Waterville	Men, Women, Youth	Sliding fee	877-777-9393
Kennebec Behavioral Health	Winthrop	Men, Women, Youth	Sliding fee	207- 377- 8122
KNOX				
Eureka Counseling Services	Rockland	Men, Women	Sliding fee	207- 594- 4006
Mid Coast Mental Health Center	Rockland	Men, Women, Youth	Sliding fee	207- 701- 4400
Pen Bay Medical Center	Rockport	Men, Women	Sliding fee	207- 596- 8390
LINCOLN				
Eureka Counseling Services	Damariscotta	Men, Women, Youth	Sliding fee	207- 594- 4006
Sweetser Affiliate	Damariscotta	Men, Women, Youth	Sliding fee	207- 563- 8989
OXFORD				
Sweetser - Affiliate	Hiram	Men, Women, Youth	Sliding fee	207- 625- 3100
Tri County Mental Health Services	Oxford	Men, Women, Youth	Sliding fee	207- 743- 7911
Tri County Mental Health Services	Rumford	Men, Women, Youth	Sliding fee	207- 364- 7981
Crooked River Counseling, PA	South Paris	Men, Women, Youth	Sliding fee	207- 743- 1677
Sweetser - Affiliate	South Paris	Men, Women, Youth	Sliding fee	207- 357- 7072

Agency Name	City	Who Served	Other Info.	Telephone
PENOBSCOT				
Acadia Healthcare / DDPC	Bangor	Men, Women	Sliding fee	207- 973- 6100
Acadia Healthcare Substance Abuse Svs.	Bangor	Men, Women, Youth		207- 973- 6048
Bangor VA Clinic	Bangor	Men, Women	Sliding fee	207- 561- 3600 -7
Community Care	Bangor	Men, Women, Youth	Sliding fee	888- 236- 2273
Dirigo Counseling Clinic	Bangor	Men, Women, Youth	Sliding fee	207-973-0505
Discovery House Bangor	Bangor	Men, Women	Sliding fee	207- 947- 6800
Full Circle Wellness Center Inc	Bangor	Men, Women, Youth	Sliding fee	207- 942- 5055
Hope House	Bangor	Men, Women	Sliding fee	207- 217- 6713
Manna, Inc.	Bangor	Men, Women, Youth	Sliding fee	207- 990- 2870
Northeast Occupational Exchange (NOE)	Bangor	Men, Women, Youth	Sliding fee	800- 857- 0500
Sweetser - Affiliate	Bangor	Men, Women		207- 941- 0006
Sweetser - Affiliate	Bangor	Men, Women	Sliding fee	207- 944- 6077
Sweetser Affiliate	Bangor	Men, Women		207- 478- 8645
Wellspring Outpatient Services	Bangor	Men, Women, Youth	Sliding fee	207- 941- 1612 -201
Higher Ground Services	Brewer	Men, Women, Youth	Sliding fee	207- 561- 9496
Day One	Charleston	Youth	Sliding fee	207- 285- 0831
Northeast Occupational Exchange (NOE)	Dexter	Men, Women, Youth	Sliding fee	800- 857- 0500
Dirigo Counseling Clinic	Hampden	Men, Women, Youth	Sliding fee	207- 973- 0505
Dirigo Counseling Clinic	Lincoln	Men, Women, Youth	Sliding fee	207- 794-9099
Full Circle Wellness Center Inc	Lincoln	Men, Women, Youth	Sliding fee	207- 794- 6166
Northeast Occupational Exchange (NOE)	Lincoln	Men, Women, Youth	Sliding fee	800- 857- 0500
Manna - Northern Region Outpatient	Medway	Men, Women, Youth	Sliding fee	207- 746- 5800
Northeast Occupational Exchange (NOE)	Newport	Men, Women, Youth	Sliding fee	800- 857- 0500

Agency Name	City	Who Served	Other Info.	Telephone
PENOBSCOT				
Penobscot Nation Health Department SOMERSET	Old Town	Men, Women, Youth	Sliding fee	207- 817- 7400
Spurwink Services	Cornville	Youth		207- 871- 1200
MaineGeneral Counseling	Fairfield	Men, Women, Youth	Sliding fee	877-777-9393
Crisis and Counseling Centers Inc	Skowhegan	Men, Women, Youth	Sliding fee	207- 474- 5461
Kennebec Behavioral Health	Skowhegan	Men, Women, Youth	Sliding fee	207- 474- 8368
Youth and Family Services, Inc.	Skowhegan	Men, Women, Youth	Sliding fee	207- 474- 8311
STRAFFORD, NH				
Merrimack River Medical Services WALDO	Somersworth	Men, Women	Sliding fee	603- 953- 0077
Partners for Change	Belfast	Men, Women, Youth		<u>207- 338- 6055</u>
Searsport Counseling Associates	Belfast	Men, Women, Youth		207- 338- 9145
Partners for Change WASHINGTON	Swanville	Men, Women, Youth		207- 338- 6055
Aroostook Mental Health Center	Calais	Men, Women, Youth	Sliding fee	207- 454- 0387
Discovery House of Washington County	Calais	Men, Women		207- 454- 1300
Eastport Health Care Inc.	Calais	Men, Women, Youth	Sliding fee	207- 454- 3022
Regional Medical Center at Lubec	East Machias	Men, Women, Youth	Sliding fee	207- 255- 0001
Eastport Health Care Inc.	Eastport	Men, Women, Youth	Sliding fee	207- 853- 6001
Regional Medical Center at Lubec	Lubec	Men, Women, Youth	Sliding fee	207- 733- 5541
Eastport Health Care Inc.	Machias	Men, Women, Youth	Sliding fee	207- 255- 3400
Sweetser - Affiliate	Machias	Men, Women		800- 434- 3000
Pleasant Point Health Center	Perry	Men, Women, Youth	Sliding fee	207- 853- 0644 -238
Passamaquoddy Health Center	Princeton	Men, Women, Youth		207- 796- 2321 -123

Agency Name	City	Who Served	Other Info.	Telephone
YORK				
York County Shelter Programs, Inc.	Alfred	Men, Women	Sliding fee	207- 324- 1137
Catholic Charities Maine Counseling Svs	Biddeford	Men, Women	Sliding fee	207- 775- 5671
Counseling Services Inc	Biddeford	Men, Women, Youth	Sliding fee	207- 282- 1500
Food Addiction/Chemical Dependency Consultants, LLC	Biddeford	Men, Women, Youth	Sliding fee	207- 283- 8032
Sweetser - Affiliate	Biddeford	Men, Women	Sliding fee	800- 434- 3000
Day One	Hollis	Youth	Sliding fee	207- 767- 0991 -3
Crossroads	Kennebunk	Men, Women	Sliding fee	207- 467- 3369
Sweetser - Affiliate	Kennebunk	Men, Women	Sliding fee	207- 809- 6162
Sweetser - Affiliate	Kennebunk	Men, Women		207- 985- 4211
Sweetser - Affiliate	Kennebunk	Men, Women, Youth	Sliding fee	207- 229- 7820
Counseling Services, Inc.	Kittery	Men, Women, Youth	Sliding fee	207- 282- 1500
Substance Abuse Rehabilitation Program	Kittery	Men, Women		207- 438- 6670
York County Shelters Programs, Inc	Newfield	Men	Sliding fee	207- 324- 1137
Food Addiction Chemical Dependency Consultants, LLC	Old Orchard Bch	Men, Women, Youth	Sliding fee	207- 934- 0311
Sweetser - Affiliate	Saco	Men, Women, Youth	Sliding fee	800- 434- 3000
Counseling Services Inc	Springvale	Men, Women, Youth	Sliding fee	207- 282- 1500
Saco River Health Services	Waterboro	Men, Women, Youth	Sliding fee	207- 247- 9000 -111
Sweetser - Affiliate	Wells	Men, Women		207- 459- 4355
York Hospital	York	Men, Women	Sliding fee	207- 351- 2118

DETOXIFICATION

Agency Name	City	Who Served	Other Info.	Telephone
ANDROSCOGGIN				
St. Mary's Addiction Medicine CUMBERLAND	Lewiston	Men, Women, Youth	Sliding fee	207- 777- 8700
Milestone Shelter	Portland	Men, Women	Sliding fee	207- 775- 4790
Recovery Center at Mercy KENNEBEC	Westbrook	Men, Women	Sliding fee	207- 857- 8282
Veterans' Administration Maine Health Care System	Augusta	Men, Women		207- 623- 8411 -4098
MaineGeneral Counseling KNOX	Waterville	Men, Women, Youth	Sliding fee	877-777-9393
Pen Bay Medical Center PENOBSCOT	Rockport	Men, Women	Sliding fee	207- 596- 8390
Acadia Healthcare Substance Abuse Svs	Bangor	Men, Women, Youth		207- 973- 6048

DETOXIFICATION MANAGEMENT

Agency Name	City	Who Served	Other Info.	Telephone
ANDROSCOGGIN				_
St. Mary's Addiction Medicine AROOSTOOK	Lewiston	Men, Women, Youth	Sliding fee	207- 777- 8700
Cary Medical Center	Caribou	Men, Women		207- 498- 3111
Northern Maine Medical Center	Fort Kent	Men, Women		207- 834- 3155
Houlton Regional Hospital	Houlton	Men, Women		207- 532- 9471
Aroostook Medical Center CUMBERLAND	Presque Isle	Men, Women		207- 768- 4000
CUMBERLAND				
Milestone Shelter	Portland	Men, Women	Sliding fee	207- 775- 4790
WASHINGTON				
Down East Community Hospital	Machias	Men, Women		207- 255- 3356

DSAT

Agency Name	City	Who Served	Other Info.	Telephone
ANDROSCOGGIN				_
Tri County Mental Health Services AROOSTOOK	Lewiston	Men, Women, Youth	Sliding fee	<u> 207- 783- 9141</u>
Aroostook Mental Health Center CUMBERLAND	Caribou	Men, Women, Youth	Sliding fee	207- 493- 3361
Catholic Charities Maine Counseling Svs	Portland	Men, Women	Sliding fee	207-775-5671
Spectrum Health Services, Inc. HANCOCK	Windham	Men		<u>207- 892- 6605</u>
Open Door Recovery Center KENNEBEC	Ellsworth	Men, Women, Youth	Sliding fee	207- 667- 3210
Crisis and Counseling Centers Inc	Augusta	Men, Women, Youth	Sliding fee	207- 626- 3448
Spectrum Health Systems, Inc. PENOBSCOT	Hallowell	Men		508- 792- 5400 -143
Wellspring Outpatient Services WASHINGTON	Bangor	Men, Women, Youth	Sliding fee	207- 941- 1612 -201
Eastport Health Care Inc.	Calais	Men, Women, Youth	Sliding fee	207- 454- 3022
Eastport Health Care Inc. YORK	Eastport	Men, Women, Youth	Sliding fee	207- 853- 6001
Counseling Services Inc	Biddeford	Men, Women, Youth	Sliding fee	207- 282- 1500

EMERGENCY SHELTER

Agency Name	City	Who Served	Other Info.	Telephone
CUMBERLAND				
Milestone Shelter PENOBSCOT	Portland	Men, Women	Sliding fee	207- 775- 4790
Hope House	Bangor	Men, Women	Sliding fee	207- 217- 6713
Manna, Inc. YORK	Bangor	Men, Women, Youth	Sliding fee	207- 990- 2870
York County Shelter Programs, Inc.	Alfred	Men, Women	Sliding fee	207- 324- 1137
	EV	CENDED CARE		

EXTENDED CARE

Agency Name	City	Who Served	Other Info.	Telephone
CUMBERLAND				
Randall Place	Portland	Men, Women, Youth	Sliding fee	<u>207- 874- 1175</u>
KENNEBEC				
MaineGeneral Residential	Augusta	Women	Sliding fee	207- 621- 7218
Program – Women	Augusta	Women	Shaing icc	207- 021- 7218
-				_
MaineGeneral Residential Program - Men	Sidney	Men	Sliding fee	207- 547- 3065
PENOBSCOT				
Manna, Inc.	Bangor	Men. Women, Youth	Sliding fee	207- 990- 2870
YORK	241501	inchi, i ombil, i oddi	2100	20. 220 2010
Milestone Extended Care	Old Orchard Bcl	n Men	Sliding fee	207- 934- 5231

HALFWAY HOUSE

Agency Name	City	Who Served	Other Info.	Telephone
ANDROSCOGGIN				
St. Francis Recovery Center CUMBERLAND	Auburn	Men	Sliding fee	207- 784- 2901
Crossroads	Portland	Women	Sliding fee	207- 894-5733
Serenity House, Inc.	Portland	Men	Sliding fee	207- 774- 2722
The Bridge	Portland	Men, Women, Youth	Sliding fee	207- 874- 1175
Children and Mothers Program (CAMP) KENNEBEC	Windham	Women	Sliding fee	207-773-9931
Spectrum Health Systems, Inc. PENOBSCOT	Hallowell	Men		508- 792- 5400 -143
Wellspring Mens Halfway House	Bangor	Men	Sliding fee	207- 941- 1600 -201
Wellspring Womens Halfway House YORK	Bangor	Women	Sliding fee	207- 941- 1639 -201
York County Shelters Programs, Inc	Newfield	Men	Sliding fee	207- 324- 1137

INTENSIVE OUTPATIENT

Agency Name	City	Who Served	Other Info.	Telephone
ANDROSCOGGIN				
Great Falls Recovery	Auburn	Men, Women	Sliding fee	207- 689-2057
Blue Willow Counseling Center	Lewiston	Men, Women, Youth	Sliding fee	207-777-3399
Central Maine Counseling Services Inc	Lewiston	Men, Women		207-782-3386
Grace Street Recovery Services	Lewiston	Men, Women, Youth	Sliding fee	207- 795- 0149
St. Mary's Addiction Medicine	Lewiston	Men, Women, Youth	Sliding fee	207- 777- 8700
Tri County Mental Health Services AROOSTOOK	Lewiston	Men, Women, Youth	Sliding fee	207- 783- 9141
Aroostook Mental Health Center	Caribou	Men, Women, Youth	Sliding fee	207- 498- 2356
Aroostook Mental Health Center	Caribou	Men, Women, Youth	Sliding fee	207- 493- 3361
Aroostook Mental Health Center	Eagle Lake	Men, Women, Youth	Sliding fee	207- 444- 5384
Aroostook Mental Health Center	Fort Kent	Men, Women, Youth	Sliding fee	207- 834- 3186
Aroostook Mental Health Center	Houlton	Men, Women, Youth	Sliding fee	207- 532- 6523
Life By Design, PA	Houlton	Men, Women, Youth		207- 532- 9660
Aroostook Mental Health Center	Madawaska	Men, Women, Youth	Sliding fee	207- 728- 6341
Aroostook Mental Health Center CUMBERLAND	Presque Isle	Men, Women, Youth	Sliding fee	207- 764- 3319
Addiction Resource Center	Brunswick	Men, Women, Youth	Sliding fee	207- 373- 6950
Sweetser - Affiliate	Brunswick	Men, Women, Youth	Sliding fee	207- 729-8104
Catholic Charities Maine Counseling Svs	Portland	Men, Women	Sliding fee	207-775-5671
Hope Recovery Center	Portland	Men, Women, Youth	Sliding fee	207- 793- 4673
Maine Medical Ctr Outpatient Psychiatry	Portland	Men, Women, Youth		866- 761- 6644
Milestone Shelter	Portland	Men, Women	Sliding fee	207- 775- 4790
Northeast Occupational Exchange (NOE)	Portland	Men, Women, Youth	Sliding fee	800- 857- 0500
Spring Harbor Community Svs/ACCESS	Portland	Men, Women		207- 780- 0020

INTENSIVE OUTPATIENT

Agency Name	City	Who Served	Other Info.	Telephone
CUMBERLAND				
Crossroads	Scarborough	Women	Sliding fee	207- 773- 9931
Day One	South Portland	Youth	Sliding fee	207- 874- 1045
Day One	South Portland	Youth	Sliding fee	207- 822- 2651
Counseling Services, Inc	Westbrook	Men, Women, Youth	Sliding fee	207- 282- 1500
Recovery Center at Mercy	Westbrook	Men, Women	Sliding fee	207- 857- 8282
SMART Child and Family Services	Windham	Men, Women, Youth		207-893-0386
Tri County Mental Health Services	Windham	Women	Sliding fee	207- 893-7000
FRANKLIN				
First Light Counseling Services, Inc.	Farmington	Men, Women, Youth	Sliding fee	207- 860- 4061
Tri County Mental Health Services	Farmington	Men, Women, Youth	Sliding fee	207- 778- 3556
HANCOCK				
MDI Hospital Behavioral Health Center	Bar Harbor	Men, Women		207- 288- 8604
Open Door Recovery Center	Ellsworth	Men, Women, Youth	Sliding fee	207- 667- 3210
KENNEBEC				
Crisis and Counseling Centers Inc	Augusta	Men, Women, Youth	Sliding fee	207- 626- 3448
Veterans' Administration Maine Health Care System	Augusta	Men, Women		207- 623- 8411 -4098
MaineGeneral Counseling	Waterville	Men, Women, Youth	Sliding fee	877-777-9393
KNOX				
Eureka Counseling Services	Rockland	Men, Women	Sliding fee	207- 594- 4006
Mid Coast Mental Health Center	Rockland	Men, Women, Youth	Sliding fee	207- 701- 4400
LINCOLN				
Addiction Resource Center	Damariscotta	Men, Women, Youth	Sliding fee	800- 244- 3805

INTENSIVE OUTPATIENT

Agency Name	City	Who Served	Other Info.	Telephone
OXFORD				
Tri County Mental Health Services	Oxford	Men, Women, Youth	Sliding fee	207- 743- 7911
Tri County Mental Health Services	Rumford	Men, Women, Youth	Sliding fee	207- 364- 7981
Crooked River Counseling, PA	South Paris	Men, Women, Youth	Sliding fee	207- 743- 1677
PENOBSCOT				
Acadia Healthcare Substance Abuse Svs	Bangor	Men, Women, Youth		207- 973- 6048
Manna, Inc.	Bangor	Men, Women, Youth	Sliding fee	207- 990- 2870
Northeast Occupational Exchange (NOE)	Bangor	Men, Women, Youth	Sliding fee	800- 857- 0500
Wellspring Outpatient Services	Bangor	Men, Women, Youth	Sliding fee	207- 941- 1612 -201
Day One	Charleston	Youth	Sliding fee	207- 285- 0831
Northeast Occupational Exchange (NOE)	Dexter	Men, Women, Youth	Sliding fee	800- 857- 0500
Northeast Occupational Exchange (NOE)	Lincoln	Men, Women, Youth	Sliding fee	800- 857- 0500
Northeast Occupational Exchange (NOE)	Newport	Men, Women, Youth	Sliding fee	800- 857- 0500
WALDO				
Mid Coast Mental Health//Choice Skyward	Belfast	Men, Women	Sliding fee	207- 338- 8437
WASHINGTON				
Discovery House of Washington County	Calais	Men, Women		207- 454- 1300
Eastport Health Care Inc.	Calais	Men, Women, Youth	Sliding fee	207- 454- 3022
Eastport Health Care Inc.	Eastport	Men, Women, Youth	Sliding fee	207- 853- 6001
Eastport Health Care Inc.	Machias	Men, Women, Youth	Sliding fee	207- 255- 3400

INTENSIVE OUTPATIENT

er Info. Telephone
ng fee 207- 282- 1500
ng fee 207- 282- 1500
ng fee 207-467-3369
207- 438- 6670
ng fee 877-776-8322
ng fee 207- 282- 1500
ng fee 207- 351- 2118
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METHADONE DETOX

Agency Name	City	Who Served	Other Info.	Telephone
CUMBERLAND				
Discovery House	South Portland	Men, Women		207- 774- 7111
Recovery Center at Mercy STRAFFORD, NH	Westbrook	Men, Women	Sliding fee	207- 857- 8282
Merrimack River Medical Services	Somersworth	Men, Women	Sliding fee	603- 953- 0077

METHADONE MAINTENANCE

Agency Name	City	Who Served	Other Info.	Telephone
ANDROSCOGGIN				
Merrimack River Medical Services CUMBERLAND	Lewiston	Men, Women		207- 312- 6860
Merrimack River Medical Services	Portland	Men, Women		207- 221- 2292
Discovery House	South Portland	Men, Women		207- 774- 7111
CAP Quality Care, Inc. KENNEBEC	Westbrook	Men, Women		207- 856- 7227
Discovery House of Central Maine PENOBSCOT	Waterville	Men, Women		207- 872- 7272
Acadia Healthcare Substance Abuse Svs	Bangor	Men, Women, Youth		207- 973- 6048
Discovery House Bangor	Bangor	Men, Women	Sliding fee	207- 947- 6800
Penobscot Metro Treatment of Maine	Bangor	Men, Women		207- 973- 0400
STRAFFORD, NH				
Merrimack River Medical Services	Somersworth	Men, Women	Sliding fee	603- 953- 0077
WASHINGTON				
Discovery House of Washington County	Calais	Men, Women		207- 454- 1300

Agency Name	City	Who Served	Other Info.	Telephone
ANDROSCOGGIN				
Community Concepts Alcohol and Drug Treatment	Auburn	Youth		207- 783-8528
Community Concepts Alcohol and Drug Treatment	Auburn	Youth		207- 333- 6655
Great Falls Recovery	Auburn	Men, Women	Sliding fee	207-689-2057
Spurwink Services	Auburn	Youth	Sliding fee	207- 871- 1200
St. Francis Recovery Center	Auburn	Men	Sliding fee	207-784-2901
Sweetser Affiliate	Auburn	Men, Women		207-795-6477
Blue Willow Counseling Center	Lewiston	Men, Women, Youth	Sliding fee	207-777-3399
Central Maine Counseling Services Inc	Lewiston	Men, Women		207- 782- 3386
Community Clinical Services	Lewiston	Men, Women, Youth		207- 782- 9551
Community Concepts Alcohol and Drug Treatment	Lewiston	Youth		207- 795- 4180
Community Concepts Alcohol and Drug Treatment	Lewiston	Youth		207- 795- 4190
Community Concepts Alcohol and Drug Treatment	Lewiston	Men, Women, Youth		207- 795- 4077
Facing Change PA	Lewiston	Men, Women, Youth		207- 784- 0922
Food Addiction/Chemical Dependency Consultants, LLC	Lewiston	Men, Women, Youth	Sliding fee	207- 754- 4050
Grace Street Recovery Services	Lewiston	Men, Women, Youth	Sliding fee	207- 795- 0149
Spruwink Services	Lewiston	Youth		207- 871- 1200
St. Mary's Addiction Medicine	Lewiston	Men, Women, Youth	Sliding fee	207- 777- 8700
Sweetser - Affiliate	Lewiston	Men, Women	Sliding fee	207- 212- 6957
Sweetser - Affiliate	Lewiston	Men, Women	Sliding fee	207- 783- 4268
Sweetser - Affiliate	Lewiston	Men, Women, Youth	Sliding fee	207- 753- 0783

Agency Name	City	Who Served	Other Info.	Telephone
ANDROSCOGGIN				
Sweetser - Affiliate	Lewiston	Men, Women		207- 333- 3260
Tri County Mental Health Services	Lewiston	Men, Women, Youth	Sliding fee	207- 783- 9141
Sweetser - Affiliate	Lisbon Falls	Men, Women	Sliding fee	207- 353- 2738
Evergreen Behavioral Health Services	Livermore Falls	Men, Women, Youth	Sliding fee	207- 778- 0035
Community Concepts Alcohol and Drug Treatment	Poland	Men, Women, Youth	Sliding fee	207- 998- 5400 -123
Community Concepts Alcohol and Drug Treatment	Turner	Youth		207- 225- 3533
AROOSTOOK				
Aroostook Mental Health Center	Caribou	Men, Women, Youth	Sliding fee	207- 498- 2356
Aroostook Mental Health Center	Caribou	Men, Women, Youth	Sliding fee	207- 493- 3361
Life By Design, PA	Caribou	Men, Women, Youth		207- 492- 1653
Sweetser - Affiliate	Caribou	Men, Women		207- 493- 1700
Sweetser - Affiliate	Caribou	Men, Women, Youth		207- 493- 1700
Aroostook Mental Health Center	Eagle Lake	Men, Women, Youth	Sliding fee	207- 444- 5384
Aroostook Mental Health Center	Fort Kent	Men, Women, Youth	Sliding fee	207- 834- 3186
Life By Design, PA	Fort Kent	Men, Women, Youth		207- 834- 5430
Aroostook Mental Health Center	Houlton	Men, Women, Youth	Sliding fee	207- 532- 6523
Life By Design, PA	Houlton	Men, Women, Youth		207- 532- 9660
Life By Design, PA	Littleton	Men, Women, Youth		207- 532- 2240
Aroostook Mental Health Center	Madawaska	Men, Women, Youth	Sliding fee	207- 728- 6341
Aroostook Mental Health Center	Presque Isle	Men, Women, Youth	Sliding fee	207- 764- 3319
Life By Design, PA	Presque Isle	Men, Women, Youth		207-764-6825

Agency Name	City	Who Served	Other Info.	Telephone
CUMBERLAND				
Crooked River Counseling, PA	Bridgton	Men, Women, Youth		207- 743- 1677
Sweetser - Affiliate	Bridgton	Men, Women	Sliding fee	207- 803- 2168
Tri County Mental Health Services	Bridgton	Men, Women, Youth	Sliding fee	207- 647- 5629
Addiction Resource Center	Brunswick	Men, Women, Youth	Sliding fee	207- 373- 6950
Spurwink Services	Brunswick	Youth		207- 871- 1200
Sweetser - Affiliate	Brunswick	Men, Women		207- 729- 8104
Sweetser - Affiliate	Brunswick	Men, Women, Youth	Sliding fee	207- 373- 3040
Sweetser - Affiliate	Brunswick	Men, Women, Youth	Sliding fee	800- 434- 3000
Spurwink Services	Casco	Youth		207- 871- 1200
Sweetser - Affiliate	Harpswell	Men, Women		207- 833- 5986
Catholic Charities Maine Counseling Svs	Portland	Men, Women	Sliding fee	207- 775- 5671
City of Portland	Portland	Men, Women, Youth	Sliding fee	207- 874- 8445
Community Counseling	Center Portland	Men, Women	Sliding fee	207- 874- 1030
Cornerstone BHC – Affiliate	Portland	Men, Women, Youth	Sliding fee	207- 776- 9990
Maine Medical Center Outpatient Psychiatry	Portland	Men, Women, Youth		866- 761- 6644
Milestone Shelter	Portland	Men, Women	Sliding fee	207- 775- 4790
Northeast Occupational Exchange (NOE)	Portland	Men, Women, Youth	Sliding fee	800- 857- 0500
Portland VA Maine Healthcare System	Portland	Men, Women		207-771-3500
Recovery Associates of Southern Maine	Portland	Men, Women, Youth		207- 985- 8900
Serenity House, Inc.	Portland	Men	Sliding fee	207- 774- 2722
Spring Harbor Community Services/ ACCESS	Portland	Men, Women		207- 780- 0020

Provider by Service OUTPATIENT SERVICES Page 21

Agency Name	City	Who Served	Other Info.	Telephone
CUMBERLAND				
Spurwink Services	Portland	Youth		207- 871- 1200
Sweetser - Affiliate	Portland	Men, Women		888- 318- 6171
Sweetser - Affiliate	Portland	Men, Women		207- 653-3999
Sweetser - Affiliate	Portland	Men, Women, Youth		207- 899- 4363
Sweetser - Affiliate	Portland	Men, Women	Sliding fee	207- 712- 5469
Sweetser - Affiliate	Portland	Men, Women	Sliding fee	207- 434- 3000
Sweetser - Affiliate	Portland	Men, Women		888- 318- 6171
Sweetser - Affiliate	Portland	Men, Women	Sliding fee	207-773-3300
Sweetser - Affiliate	Portland	Men, Women, Youth	Sliding fee	800- 434- 3000
Sweetser - Affiliate	Portland	Men, Women, Youth	Sliding fee	800- 434- 3000
Sweetser - Affiliate	Portland	Men, Women, Youth	Sliding fee	800- 434- 3000
Sweetser - Affiliate	Portland	Men, Women		207- 828- 0759 -4
Sweetser Affiliate	Portland	Men, Women		207- 874- 2884
Top of the Hill Counseling	Portland	Men, Women, Youth	Sliding fee	207- 780- 8999
Youth Alternatives Inc	Portland	Men, Women, Youth	Sliding fee	207- 874- 1175
Crossroads	Scarborough	Women	Sliding fee	207- 773- 9931
Sweetser - Affiliate	Scarborough	Men, Women		207- 699- 8289
Community Concepts Alcohol and Drug Treatment Svcs	South Portland	Youth		207- 743- 8914
Day One	South Portland	Youth	Sliding fee	207- 822- 2651
Day One	South Portland	Youth	Sliding fee	207- 874- 1045
Discovery House	South Portland	Men, Women		207- 774- 7111

Agency Name	City	Who Served	Other Info.	Telephone
CUMBERLAND Food Addiction Chemical Dependency Consultants, LLC	South Portland	Men, Women, Youth	Sliding fee	207-774-4564
Spurwink Services	South Portland	Youth		207-871-1200
Wellness Health Associates Inc	South Portland	Men, Women, Youth	Sliding fee	207-799-7100
Sweetser - Affiliate	Standish	Men, Women	Sliding fee	207- 749- 1813
CAP Quality Care, Inc.	Westbrook	Men, Women		207- 856- 7227
Counseling Services, Inc	Westbrook	Men, Women, Youth	Sliding fee	207- 282- 1500
Recovery Center at Mercy	Westbrook	Men, Women	Sliding fee	207- 857- 8282
Spring Harbor Hospital	Westbrook	Men, Women, Youth		888- 524- 0080
Sweetser - Affiliate	Westbrook	Men, Women		207- 797- 3390
Sweetser - Affiliate	Westbrook	Men, Women		800- 434- 3000
Danzig Counseling Services, PA	Windham	Men, Women, Youth	Sliding fee	207- 893- 0000
Food Addiction Chemical Dependency Consultants, LLC	Windham	Men, Women, Youth	Sliding fee	207- 893- 0213
Recovery Associates of Southern Maine	Windham	Men, Women, Youth	Sliding fee	207- 892- 7797
SMART Child and Family Services	Windham	Men, Women, Youth		207-893-0386
Tri County Mental Health Services	Windham	Women	Sliding fee	207- 893-7000
Cornerstone BHC - Affiliate FRANKLIN	Yarmouth	Men, Women, Youth	Sliding fee	207- 251- 1482
Cornerstone BHC - Affiliate	Farmington	Men, Women, Youth	Sliding fee	207- 399- 3270
Evergreen Behavioral Health Services	Farmington	Men, Women, Youth	Sliding fee	207-778-0035
First Light Counseling Services, Inc.	Farmington	Men, Women, Youth	Sliding fee	207- 860- 4061
River Valley Counseling, LLC	Farmington	Men, Women	Sliding fee	207-364-1610
Sweetser - Affiliate	Farmington	Men, Women, Youth	Sliding fee	207- 860- 2647
Tri County Mental Health Services	Farmington	Men, Women, Youth	Sliding fee	207- 778- 3556

Agency Name	City	Who Served	Other Info.	Telephone
HANCOCK				
MDI Hospital Behavioral Health Center	Bar Harbor	Men, Women		207- 288- 8604
Sweetser - Affiliate	Bucksport	Men, Women, Youth	Sliding fee	207- 344- 4134
Aroostook Mental Health Center	Ellsworth	Men, Women, Youth	Sliding fee	207- 667- 6890
Astor Gillis, LADC	Ellsworth	Men, Women, Youth	Sliding fee	207- 667- 2730
Cornerstone BHC - Affiliate	Ellsworth	Men, Women	Sliding fee	207- 667- 9101
Dirigo Counseling Clinic	Ellsworth	Men, Women, Youth	Sliding fee	207- 973- 0505
Open Door Recovery Center	Ellsworth	Men, Women, Youth	Sliding fee	207- 667- 3210
Searsport Counseling Associates	Ellsworth	Sliding fee		207- 667- 1991
Searsport Counseling Associates	Ellsworth	Men, Women, Youth		207- 667- 3100
Sweetser - Affiliate	Ellsworth			207- 664- 8717
Acadia Family Center KENNEBEC	Southwest Harl	bor Men, Women, Youth	Sliding fee	207- 244- 4012
RENNEBEC				
Crisis and Counseling Centers Inc	Augusta	Men, Women, Youth	Sliding fee	207- 626- 3448
Kennebec Behavioral Health	Augusta	Men, Women, Youth	Sliding fee	207- 626- 3455
Lori Green-Stade, LCPC, LADC	Augusta	Men, Women, Youth	Sliding fee	207- 629- 9226
MaineGeneral Counseling	Augusta	Men, Women		207- 626- 1561
MaineGeneral Counseling	Augusta	Men, Women, Youth	Sliding fee	877-777-9393
Sweetser - Affiliate	Augusta			207- 624- 1959
Sweetser - Affiliate	Augusta	Men, Women, Youth	Sliding fee	207- 620- 8495
Veterans' Administration Maine Health Care System	Augusta	Men, Women		207- 623- 8411 -4098
Spurwink Services	Chelsea	Youth		207- 871- 1200
Cornerstone BHC - Affiliate	Waterville	Men, Women, Youth	Sliding fee	207- 399- 3270
Cornerstone Behavioral Healthcare	Waterville	Men, Women, Youth	Sliding fee	207- 680- 2065

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Who Served Other Info. Telephone Agency Name City KENNEBEC Discovery House of Central Maine Waterville Men. Women 207-872-7272 Kennebec Behavioral Health Waterville Men, Women, Youth Sliding fee 207-873-2136 MaineGeneral Counseling Waterville Men, Women, Youth Sliding fee 877-777-9393 Searsport Counseling Associates -Waterville Men, Women, Youth Sliding fee 207-696-4225 Maxine Wolph Johnson Searsport Counseling Associates -Waterville Men, Women, Youth Sliding fee 207-649-1762 Tom McWalters Waterville Men, Women, Youth Sliding fee Sweetser - Affiliate 207-692-7215 Sweetser - Affiliate Waterville Men, Women Sliding fee 207-861-2420 Kennebec Behavioral Health Winthrop Men, Women, Youth Sliding fee 207-377-8122 MaineGeneral Counseling Winthrop Men, Women, Youth 207-377-2114 KNOX Cornerstone BHC, Affiliate Rockland Men, Women 207-594-4828 Eureka Counseling Services Rockland Men, Women Sliding fee 207-594-4006 Sliding fee Mid Coast Mental Health Center Rockland Men, Women, Youth 207-701-4400 Rockland Sliding fee 207-542-1701 Sweetser - Affiliate Men, Women Sweetser - Affiliate Rockland Men, Women Sliding fee 800-434-3000 Harbor Family Services Rockport Men, Women, Youth Sliding fee 207-470-7090 Choice Skyward Vinalhaven Men, Women Sliding fee 207-594-6900 LINCOLN Addiction Resource Center Damariscotta Men, Women, Youth Sliding fee 800-244-3805 Eureka Counseling Services Damariscotta Men, Women, Youth Sliding fee 207-594-4006 Men, Women, Youth Sliding fee 207-563-8989 Sweetser Affiliate Damariscotta

Agency Name	City	Who Served	Other Info.	Telephone
OXFORD				
Common Ground Counseling, LLC.	Fryeburg	Men, Women, Youth	Sliding fee	207- 935- 2288
Sweetser - Affiliate	Hiram	Men, Women, Youth	Sliding fee	207- 625- 3100
Common Ground Counseling, LLC.	Mexico	Men, Women, Youth	Sliding fee	207- 562- 7733
Common Ground Counseling, LLC.	Norway	Men, Women, Youth	Sliding fee	207- 739- 2644
Tri County Mental Health Services	Oxford	Men, Women, Youth	Sliding fee	207- 743- 7911
River Valley Counseling LLC	Rumford	Men, Women	Sliding fee	207- 364- 1610
Tri County Mental Health Services	Rumford	Men, Women, Youth	Sliding fee	207- 364- 7981
Crooked River Counseling, PA	South Paris	Men, Women, Youth	Sliding fee	207- 743- 1677
Sweetser - Affiliate	South Paris	Men, Women, Youth	Sliding fee	207- 357- 7072
Sweetser - Affiliate	Waterford	Men, Women		207- 515- 6894
PENOBSCOT				
Acadia Healthcare / DDPC	Bangor	Men, Women	Sliding fee	207- 973- 6100
Acadia Healthcare Substance Abuse Svs	Bangor	Men, Women, Youth		207- 973- 6048
Bangor VA Clinic	Bangor	Men, Women	Sliding fee	207- 561- 3600 -7
Community Care	Bangor	Men, Women, Youth	Sliding fee	888- 236- 2273
Cornerstone Behavioral Healthcare	Bangor	Men, Women		207- 992- 0410
Dirigo Counseling Clinic	Bangor	Men, Women, Youth	Sliding fee	207-973-0505
Discovery House Bangor	Bangor	Men, Women	Sliding fee	207- 947- 6800
Full Circle Wellness Center Inc	Bangor	Men, Women, Youth	Sliding fee	207- 942- 5055
Independence Project LLC	Bangor	Men, Women, Youth		207- 945- 9777

Agency Name	City	Who Served	Other Info.	Telephone
PENOBSCOT				
Manna, Inc.	Bangor	Men, Women, Youth	Sliding fee	207- 990- 2870
Northeast Occupational Exchange (NOE)	Bangor	Men, Women, Youth	Sliding fee	800- 857- 0500
Sweetser - Affiliate	Bangor	Men, Women	Sliding fee	207- 341- 5844
Sweetser - Affiliate	Bangor	Men, Women, Youth		207- 949- 5033
Sweetser - Affiliate	Bangor	Men, Women		207- 941- 0006
Sweetser - Affiliate	Bangor	Men, Women	Sliding fee	207- 945- 9333
Sweetser - Affiliate	Bangor	Men, Women		207- 992- 2277
Sweetser - Affiliate	Bangor	Men, Women		800- 434- 3000
Sweetser - Affiliate	Bangor	Men, Women	Sliding fee	207- 944- 6077
Sweetser Affiliate	Bangor	Men, Women		207- 478- 8645
Tanya Dunton	Bangor	Men, Women		207- 949- 5033
Wellspring Outpatient Services	Bangor	Men, Women, Youth	Sliding fee	207- 941- 1612 -201
Higher Ground Services	Brewer	Men, Women, Youth	Sliding fee	207- 561- 9496
Day One	Charleston	Youth	Sliding fee	207- 285- 0831
Northeast Occupational Exchange (NOE)	Dexter	Men, Women, Youth	Sliding fee	800- 857- 0500
Dirigo Counseling Clinic	Hampden	Men, Women, Youth	Sliding fee	207- 973- 0505
Full Circle Wellness Center Inc	Lincoln	Men, Women, Youth	Sliding fee	207- 794- 6166
Northeast Occupational Exchange (NOE)	Lincoln	Men, Women, Youth	Sliding fee	800- 857- 0500
Manna - Northern Region Outpatient	Medway	Men, Women, Youth	Sliding fee	207- 746- 5800
Katahdin Valley Health Center	Millinocket	Men, Women, Youth	Sliding fee	207- 723- 6551
Northeast Occupational Exchange (NOE)	Newport	Men, Women, Youth	Sliding fee	800- 857- 0500
Penobscot Nation Health Department	Old Town	Men, Women, Youth	Sliding fee	207- 817- 7400

Agency Name	City	Who Served	Other Info.	Telephone
PISCATAQUIS				
Mayo Psychology & Counseling	Dover-Foxcroft	Men, Women, Youth		207- 564- 4276
Mayo Psychology & Counseling	Guilford	Men, Women, Youth		207- 564- 4276
Mayo Psychology & Counseling	Milo	Men, Women, Youth	Sliding fee	207- 564- 4276
SAGADAHOC				
Sweetser - Affiliate SOMERSET	Topsham	Men, Women	Sliding fee	207- 725- 7592
Spurwink Services	Cornville	Youth		207- 871- 1200
-				
MaineGeneral Counseling	Fairfield	Men, Women, Youth	Sliding fee	877- 777- 9393
Crisis and Counseling Centers Inc	Skowhegan	Men, Women, Youth	Sliding fee	207- 474- 5461
Kennebec Behavioral Health	Skowhegan	Men, Women, Youth	Sliding fee	207- 474- 8368
Sweetser - Affiliate	Skowhegan	Men, Women, Youth	Sliding fee	207- 399- 3286
Youth and Family Services, Inc.	Skowhegan	Men, Women, Youth	Sliding fee	207- 474- 8311
Searsport Counseling Associates – Maxine Wolph Johnson	Starks	Men, Women, Youth	Sliding fee	207- 696- 4225
STRAFFORD, NH				
Merrimack River Medical Services	Somersworth	Men, Women	Sliding fee	603- 953- 0077
WALDO				
Midcoast Mental Health Ctr/ Choice Skyward	Belfast	Men, Women	Sliding fee	207-338-8437
Partners for Change	Belfast	Men, Women, Youth	•	207- 338- 6055
Searsport Counseling Associates	Belfast	Men, Women, Youth		207- 338- 9145
Searsport Counseling Associates	Belfast	Men, Women	Sliding fee	207- 338- 6104
Searsport Counseling Associates	Belfast	Men, Women, Youth		207- 338- 1070
Searsport Counseling Associates	Belfast	Men, Women, Youth		207- 930- 7000

Agency Name	City	Who Served	Other Info.	Telephone
WALDO				
Partners for Change	Swanville	Men, Women, Youth		207- 338- 6055
Searsport Counseling Associates – Tom McWalters	Unity	Men, Women, Youth	Sliding fee	207- 649- 1762
WASHINGTON				
Aroostook Mental Health Center	Calais	Men, Women, Youth	Sliding fee	207- 454- 0387
Discovery House of Washington County	Calais	Men, Women		207- 454- 1300
Eastport Health Care Inc.	Calais	Men, Women, Youth	Sliding fee	207- 454- 3022
Regional Medical Center at Lubec	Calais	Men, Women, Youth	Sliding fee	207- 454- 1491
Sweetser - Affiliate	Cutler		Sliding fee	207- 263- 5034
Regional Medical Center at Lubec	East Machias	Men, Women, Youth	Sliding fee	207- 255- 0001
Eastport Health Care Inc.	Eastport	Men, Women, Youth	Sliding fee	207- 853- 6001
Regional Medical Center at Lubec	Lubec	Men, Women, Youth	Sliding fee	207- 733- 5541
Aroostook Mental Health Center	Machias	Men, Women, Youth	Sliding fee	207- 255- 0996
Eastport Health Care Inc.	Machias	Men, Women, Youth	Sliding fee	207- 255- 3400
Sweetser - Affiliate	Machias	Men, Women		800- 434- 3000
Pleasant Point Health Center	Perry	Men, Women, Youth	Sliding fee	207- 853- 0644 -238
Passamaquoddy Health Center	Princeton	Men, Women, Youth		207- 796- 2321 -123
YORK				
Sweetser - Affiliate	Alfred	Men, Women	Sliding fee	207- 284- 1173 -95
York County Shelter Programs, Inc.	Alfred	Men, Women	Sliding fee	207- 324- 1137
Catholic Charities Maine Counseling Svs	Biddeford	Men, Women	Sliding fee	207- 775- 5671
Counseling Services Inc	Biddeford	Men, Women, Youth	Sliding fee	207- 282- 1500
Food Addiction/Chemical Dependency Consultants, LLC	Biddeford		Sliding fee	207- 229- 5706

Agency Name	City	Who Served	Other Info.	Telephone
YORK				
Food Addiction/Chemical Dependency Consultants, LLC	Biddeford	Men, Women, Youth	Sliding fee	207- 283- 8032
Sweetser - Affiliate	Biddeford	Men, Women	Sliding fee	800- 434- 3000
Crossroads	Kennebunk	Men, Women	Sliding fee	207- 467- 3369
Recovery Associates of Southern Maine	Kennebunk	Men, Women, Youth		207- 985- 8900
Sweetser - Affiliate	Kennebunk	Men, Women, Youth	Sliding fee	207- 229- 7820
Sweetser - Affiliate	Kennebunk	Men, Women		207- 985- 4211
Sweetser - Affiliate	Kennebunk	Men, Women	Sliding fee	207- 809- 6162
Counseling Services, Inc.	Kittery	Men, Women, Youth	Sliding fee	207- 282- 1500
Substance Abuse Rehabilitation Program	Kittery	Men, Women		207- 438- 6670
Food Addiction Chemical Dependency Consultants, LLC	Old Orchard Bel	Men, Women, Youth	Sliding fee	207- 934- 0311
Milestone Extended Care	Old Orchard Bel	n Men	Sliding fee	207- 934- 5231
Dayowl Counseling	Saco	Men, Women, Youth		207- 283- 8403
Sweetser	Saco	Men, Women, Youth	Sliding fee	877- 776- 8322
Sweetser - Affiliate	Saco	Men, Women	Sliding fee	207- 284- 1173 -95
Sweetser - Affiliate	Saco	Men, Women, Youth	Sliding fee	800- 434- 3000
Counseling Services Inc	Springvale	Men, Women, Youth	Sliding fee	207- 282- 1500
Recovery Associates of Southern Maine	Springvale	Men, Women, Youth	Sliding fee	207- 324- 4411
Saco River Health Services	Waterboro	Men, Women, Youth	Sliding fee	207- 247- 9000 -111
Sweetser - Affiliate	Wells	Men, Women		207- 459- 4355
York Hospital	York	Men, Women	Sliding fee	207- 351- 2118

PROBLEM GAMBLING COUNSELING

Agency Name	City	Who Served	Other Info.	Telephone
ANDROSCOGGIN				
Facing Change PA	Lewiston	Men, Women, Youth		207- 784- 0922
Tibby York-Longpre, LADC	Lewiston	Men, Women	Sliding fee	207- 931- 7017
CUMBERLAND				
Addiction Resource Center KENNEBEC	Brunswick	Men, Women, Youth	Sliding fee	207- 373- 6950
Kennebec Behavioral Health OXFORD	Augusta	Men, Women, Youth	Sliding fee	207- 626- 3455
Crooked River Counseling, PA PENOBSCOT	South Paris	Men, Women, Youth	Sliding fee	207- 743- 1677
Wellspring Outpatient Services WALDO	Bangor	Men, Women, Youth	Sliding fee	207- 941- 1612 -201
Partners for Change	Belfast	Men, Women, Youth		207- 338- 6055
Searsport Counseling Associates	Belfast	Men, Women, Youth		207- 930- 7000
WASHINGTON				
Regional Medical Center at Lubec YORK	Lubec	Men, Women, Youth	Sliding fee	207- 733- 5541
Saco River Health Services	Waterboro	Men, Women, Youth	Sliding fee	207- 247- 9000 -111

RESIDENTIAL REHAB

Agency Name	City	Who Served	Other Info.	Telephone
ANDROSCOGGIN				
St. Francis Recovery Center AROOSTOOK	Auburn	Men	Sliding fee	207- 784- 2901
Aroostook Mental Health Center	Limestone	Men, Women	Sliding fee	207- 325- 4727
Northern Maine General Hospital CUMBERLAND	Winterville Plt.	Youth		207- 444- 5152 -241
Randall Place	Portland	Men, Women, Youth	Sliding fee	207- 874- 1175
The Bridge	Portland	Men, Women, Youth	Sliding fee	207- 874- 1175
Children and Mothers Program (CAMP)	Windham	Women	Sliding fee	207-773-9931
Correctional Recovery Academy	Windham	Men		207- 892- 6605
Crossroads For Women Inc	Windham	Women	Sliding fee	207-773-9931
Spectrum Health Services, Inc. KENNEBEC	Windham	Men		207- 892- 6605
Phoenix House of New England YORK	Augusta	Youth	Sliding fee	207- 622- 7106
York County Shelter Programs, Inc.	Alfred	Men, Women	Sliding fee	207- 324- 1137
Day One	Hollis	Youth	Sliding fee	207- 767- 0991 -3
Milestone Extended Care	Old Orchard Bel	n Men	Sliding fee	207- 934- 5231

APPENDIX A

Types of Treatment Services

Detoxification (ASAM Levels IV-D, III.7-D, III.2-D, I-D & II-D)

A "detox" may be a hospital based, freestanding, or outpatient program that provides assessment, diagnosis, and medical treatment to stabilize people who are experiencing withdrawal from alcohol or other drugs.

Detoxification Management

Some detoxification services are provided through a special contract with Aroostook Mental Health Center and are available at selected Region III hospitals (Aroostook, Hancock, Penobscot, Piscataquis, and Washington Counties). These hospitals are in addition to the ones listed under Detoxification. When calling a contracted hospital, you may need a contact name or additional information which can be found on the full entry on the web. You can also call the Office of Substance Abuse Information and Resource Center listed on this publication and request this information.

Residential Rehabilitation (ASAM Level III)

Residential treatment programs provide services in a full (24 hours) residential setting. The program shall provide a scheduled treatment regimen which consists of diagnostic, educational, and counseling services; and shall refer clients to support services as needed. Clients are routinely discharged to various levels of follow-up services. There are three categories of residential care:

Residential Treatment & Extended Shelter (ASAM Level III, Category I) Residential treatment programs maintain a basic focus on early recovery skills, including the negative impact of chemical dependency, tools for developing support, and relapse prevention skills.

Halfway House (ASAM Level III, Category II)

Halfway houses are residential programs that provide support for sobriety, and prepare clients to re-enter the work force and re-establish themselves in the community. The programs help clients develop socialization skills and vocational needs. Treatment stays are up to 180 days.

Extended Care (ASAM Level III. Category III)

Clients with extensive substance abuse or coexisting disorders of substance abuse and mental illness may enter an extended care program, a residential treatment program that offers treatment stays in excess of 180 days.

Intensive Outpatient (ASAM Level II.I)

Nonresidential rehabilitation programs provide intensive and structured substance abuse treatment, three to four days a week. The programs usually last three or four weeks and may be conducted during the daytime or in the evening.

Outpatient Services (ASAM Level I)

This treatment model is non-residential. Outpatient programs offer individual, group and family sessions, usually for an hour or ninety minutes once a week.

Medication Assisted Treatment for Opioid Addiction

Detoxification - This is a program that provides opioid detoxification. The detoxification process involves the reduction of Methadone to a zero dosage upon discharge.

Opioid Treatment Program (OTP) - Under medical supervision, OTP clinics administer opioid agonists, monitor dosages, and provide counseling to people with a dependence on heroin or other morphine-like drugs.

Shelter

Shelters provide food, clothing, and lodging for up to twelve hours a day. Shelter programs can also motivate people to seek and enter treatment.

Co-Occurring Disorders

Agencies where treatment for substance abuse and co-occurring mental health conditions is integrated in policies, procedures and practices.

APPENDIX B

Maine Telecommunications Relay Service (MERS)

All callers can reach the Relay Service by dialing 711 (V/TTY).

For faster service dial direct:

CapTel Calls (to reach a CapTel user): 1-877-243-2823

Speech to Speech Calls: 1-888-890-9256 Spanish to Spanish Calls: 1-888-890-9255

The Maine Relay Service of the Maine Center on Deafness is available 24 hours a day, every day, to provide a communications link between those who use a standard voice telephone and those who use specialized telephone equipment or assistance because they are D/deaf, Hard-of-Hearing, or have a speech or physical disability that prevents use of a standard telephone. There is no extra charge for the relay service.

Interpreter Referral Agencies

Bangor Interpreting Agency 7 Summer Street Hampden, ME 04444 862-2947 (V/VP) 862-4063 (TTY) 862-4027 (FAX)

E-mail: <u>bangor.interpreting@tds.net</u>

Kewl ASL Interpreting 15 Jones Road Somerville, ME 04348 549-4733 (V/TTY) 240-3177 (Cell/Text) 1-866-755-5206 (VP) E-mail: kewlasl@gmail.com

Pine Tree Society - Interpreting Services 71 Nonesuch River Plaza, Suite B Scarborough, ME 04074 885-0536 (V/TTY) 866-945-1109 (VP) 885-0076 (FAX)

E-mail: interpreting@pinetreesociety.org
Web site: www.pinetreesociety.org

Certified Interpreting - The Sign Language

Network P.O. Box 6500 Brunswick, ME 04011 798-7995 (V/TTY) 729-0875 (FAX)

E-mail: <u>Services@CImaine.com</u>
Web site: <u>www.CIMaine.com</u>

Mary Jane Grant Sign Language Interpreting Services, LLC 84 Ridley Road Sanford, ME 04073 207-651-3146 (V) 207-213-1325 (VP) 866-825-9910 (FAX)

E-mail: <u>mjgrantinterpreting@gmail.com</u> Web site: <u>www.maryjanegrant.com</u>

Professional Interpreting, Inc.

14 Torrey Street Portland, ME 04401 774-3068 (V/TTY) 774-8701 (FAX)

E-mail: kris120@juno.com

Web site:

www.professionalinterpretinginc.com

Legally Qualified Sign Language Interpreters in Maine as of 01/12

Susan Brule CI, CT, SC:L (207) 206-2467 (cell) sbrule@metrocast.net

Tina Englert-Morrison CI, CT, NAD-V, SC:L (207) 934-9936 (207) 838-8462 (cell) terptina@aol.com

Lesley Garey, SC:L, NAD-V (603) 759-9534 (cell) lesleygarey@hotmail.com

Margaret Haberman, SC:L, CI, CT (207) 824-3852 dynsxln@midmaine.com

Jane Hecker-Cain, CI/CT, CSC, SC:L (207) 229-4115 (cell) (207) 967-8601 janeheckercain@gmail.com

Shelly Flanders, CI, CT, SC:L (207) 615-2472 (cell) flanders.shelly@gmail.com

Mary Mackay, CT, SC:L (207) 615-1448 (cell) marydoolittle@msn.com Maurita Marr, CI, CT (207) 833-5783 (207) 751-5490 (cell)

Douglas Newton, SC:L, CSC (207) 885-0536 dnewton@pinetreesociety.org

Judy Shepard-Kegl CSC, OTC, NAD-IV, SC:L, CI/CT, NIC-Master, ED:K-12-EIPA, Master Mentor (207) 846-8801 jkegl@maine.rr.com

Meryl Troop, CT, CI, SC:L (207) 828-1310 (207) 332-4867 (cell) MTroop@maine.rr.com mtroop@mcdmaine.org

Victor Vigna, CSC, SC:L, Ed:K-12 (207) 798-7995 victor@CImaine.com

<u>Deaf Legally Qualified Sign</u> <u>Language Interpreters</u>

Stephanie Clark CDI, SC:L, CLIP-R sclarkenterprises@gmail.com

Lois Morin, RSC (207) 787-2602 (TTY) loismorin207@gmail.com

Regan Thibodeau, CDI (207) 797-6217 (TTY) reganannrae@gmail.com

APPENDIX C

Maine Hospitals

Hospital Name	Location	Telephone Number
Acadia Hospital	Bangor	973-6100 800-640-1211
Aroostook Medical Center	Presque Isle	768-4000
Dorothea Dix Psychiatric Center	Bangor	941-4000
Blue Hill Memorial Hospital	Blue Hill	374-3400
Bridgeton Hospital	Bridgton	647-6000
Brighton First Care, Maine Medical Center	Portland	662-8111
Calais Regional Hospital	Calais	454-7521
Cary Medical Center	Caribou	498-3111
Central Maine Medical Center	Lewiston	795-0111
Charles A. Dean Memorial Hospital	Greenville	695-5200
Down East Community Hospital	Machias	255-3356
Eastern Maine Medical Center	Bangor	973-7000 877-366-3662
Franklin Memorial Hospital	Farmington	778-6031 800-398-6031
Goodall Hospital	Sanford	324-4310
Houlton Regional Hospital	Houlton	532-2900 800-427-4771
Inland Hospital	Waterville	861-3000
Maine Coast Memorial Hospital	Ellsworth	664-5311
Maine General Medical Center	Augusta	626-1000
Maine General Medical Center	Waterville	872-1000
Maine Medical Center	Portland	662-0111 877-339-3107
Mayo Regional Hospital	Dover-Foxcroft	564-8401
Mercy Hospital	Portland	879-3000 800-293-6583
Mercy Westbrook Hospital	Westbrook	857-8000 800-293-6583
Mid Coast Hospital/Brunswick Health Care	Brunswick	729-0181
Miles Memorial Hospital	Damariscotta	563-1234
Millinocket Regional Hospital	Millinocket	723-5161
Mount Desert Island Hospital	Bar Harbor	288-5081

Hospital Name	Location	Telephone Number
New England Rehab Hospital	Portland	662-8000
Northern Maine Medical Center	Fort Kent	834-3155
Parkview Adventist Medical Center	Brunswick	373-2000
Penobscot Bay Medical Center	Rockland	596-8000
Penobscot Valley Hospital	Lincoln	794-3321
Redington-Fairview General Hospital	Skowhegan	474-5121
Riverview Psychiatric Center	Augusta	624-3900 888-261-6684
Rumford Community Hospital	Rumford	369-1000
St. Andrews Hospital	Boothbay Harbor	633-2121
St. Joseph Hospital	Bangor	907-1000
St. Mary's Regional Medical Center	Lewiston	777-8100
Sebasticook Valley Hospital	Pittsfield	487-4000
Spring Harbor Hospital	Westbrook	761-2200 866-857-6644
Southern Maine Medical Center	Biddeford	283-7000
Stephens Memorial Hospital	Norway	743-5933
VA Maine Healthcare System	Togus	623-8411 877-421-8263
Waldo County General Hospital	Belfast	338-2500
Wells Regional Medical Community	Wells	646-5211
York Hospital	York	363-4321 877-363-4321
York Hospital Berwick Medical Services	Berwick	698-6700
York Hospital Kittery Medical Services	Kittery	439-4430



Department of Health and Human Services

Maine People Living Safe, Healthy and Productive Lives

Paul R. LePage, Governor

Mary C. Mayhew, Commissioner

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